



Oak Park River Forest Food Pantry – VOLUNTEER INFORMATION

	FOOD PANTRY RESET	DISTRIBUTION SET UP	DISTRIBUTION	PRODUCE RESCUE	BREAD RESCUE	DELIVERY
Description	Reorganize food pantry	Set up food pantry for client distributions	Serve clients	Pick up donated produce from local (grocery) stores and sort into servings at the food pantry	Pick up donated bread from local store and sort into servings at the food pantry	Unload food delivery from truck and stock shelves
Shifts Description	n/a	n/a	Registration (R), Shopping Assistant (SA), Valet(V), Stocker(S)	n/a	n/a	n/a
Requirements						
<i>Client Facing</i>	no	no	yes	no	no	no
<i>Physical Activity</i>	low	low	No (R) Med (SA) High (V, S)	low	low	med
<i>Computer Literate</i>	no	no	Yes (R)	no	no	no
Minimum Age	none	none	High School Middle School with Parent	none	none	High School Middle School with Parent
Volunteers per Shift	4	4	25+	2	2	16
Frequency*	Monday (am)	Tuesday (pm) Friday (am)	Wednesday (pm) Saturday (am)	Tuesday (am) Thursday (pm)	Tuesday (pm) Friday (am)	Thursday (am)

*subject to change